



Biography

Kathleen Edelman has one goal in life... to help people learn to speak kindly to one another. She has spent 30 years counseling and coaching kids and families on the art of communication, using the four temperaments as a foundation. Audiences around the globe have responded to Kathleen's simple message that Kind Words Are Cool™, viewing her videos more than six and a half million times and turning her first book, *I Said This, You Heard That*, into a bestseller. She has a master's degree in Christian Counseling Psychology, a big heart for educators, and a surprising passion for fast cars and martial arts. She is married and has two grown children.

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